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Analysis of the Impact of Organizational Structure on Employees' Different Aspects of Mental Health

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Abstract

The purpose of this study was to investigate the effect of organizational structure on different aspects of employees' mental health in the engineering and technology colleges. The sample was 125 employees who were working in in Kermanshah engineering and technology colleges. Questionnaires were robin's organizational structure and SCL90 questionnaires. Results indicated that there a significant correlation between various aspects of organization structure and mental health specifically, there were significant negative correlations between organizational structure with anxiety, depression and obsession. Thus, it is proposed that to attain a healthy organizational environment, manages should consider the effective organizational structures.

Keywords: mental health, organizational structure, technical and engineering college, work environment